

Care homes: floors and walls guide

Transforming spaces in care, residential and nursing homes

altro.co.uk

# Working together to create communities for all

We know that care home residents may face physical challenges, complex learning difficulties or additional needs. Our aim is to work with you to create welcoming, attractive, inclusive and safe spaces to help residents live well physically and emotionally, using durable floors and walls solutions developed with this in mind.

We have worked on developing floors and walls for care homes over many years. We've collaborated with associations including Care England, Design in Mental Health and the University of Stirling's renowned Dementia Services Development Centre and worked with them to develop total solutions for this sector. We're confident that we understand the design challenges you face but we're never complacent; the needs of the residents you're creating a home for come first and you know these best. We're here to listen then help you choose the right floors and walls in the right colours for the right areas.

We partner with you on care homes with very different purposes. This includes nursing homes, where residents may need 24-hour care, residential homes, where people live permanently, or stay while recuperating, and retirement villages where the emphasis is on creating a community. Residents are of all ages and have hugely varying needs.

Many of you tell us that your priority is giving residents independence as this has such an important impact on wellbeing, both physically and mentally. Achieving this in a space that feels like home, not a clinic, makes even more difference. This is our starting point.





#### Wellbeing in practice

As you know, you can boost wellbeing in care homes by transforming your spaces with the right aesthetics, effective way-finding, and noise reduction.

You've told us that wood-look floors are popular, versatile and comforting. Our wood-look solution, Altro Wood™ Safety, can run through most areas within a care home and, with 20 shades, gives design flexibility. Altro Wood™ Safety Comfort has the same benefits but offers comfort underfoot and 14dB impact sound reduction.

With our Altro Whiterock<sup>™</sup> hygienic walls system, create the mood you need. With Altro Whiterock Digiclad<sup>™</sup>, which uses photographic images, create familiarity, warmth and a non-clinical atmosphere.

#### Confident movement

Altro floors, doors and walls can be used to create points of recognition, zoning and even artworks to help residents find their way around. These also make life easier for visitors and staff.

If you need to complement, or match, corporate branding, we can help you find the right products and shades.



#### Did you know?

For areas where residents, their families, or staff need peace and quiet, Altro Serenade absorbs up to 19dB and, at 3.9mm, is comfier to walk or sit on.





#### Invisible safety

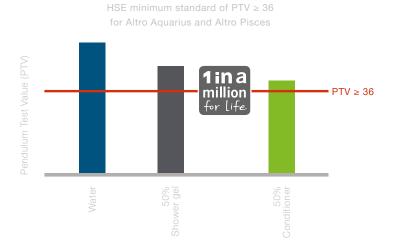
When people are at their most vulnerable, we work with you to create safe surroundings which lowers the risk of slips and help exceed hygiene and infection control standards, and do this without residents being aware. It helps with independence, dignity and creating a non-clinical, homely feel. For staff-only areas, such as the kitchen and laundry, safety measures can be reassuringly obvious, without compromising on aesthetics.

We offer a range of safety floors that can help prevent residents and staff slipping, plus a choice of floors for areas where there is a much lower slip risk.

A specialist shoe and barefoot floor is a must for wet environments where carers bathe residents, or residents want to be confidently independent. Altro Aquarius and Altro Pisces, reduce the risk of a slip to one in a million, even with common contaminants (see below). Both floors, which feature in the design manuals for numerous social care providers, combine perfectly with Altro Whiterock walls system to create a safe, hygienic and attractive bathing area.

Altro Stronghold™ 30, with our highest rating for slip resistance (PTV ≥55), prevents slips with common kitchen contaminants. Combined with Altro Whiterock it creates a safe, hygienic solution to protect kitchen staff. Both products are Hazard Analysis Critical Control Point (HACCP) approved, meaning they meet European legal requirements for food safety management.

Altro floors and walls have long guarantees and technical support for life. Our safety floors offer sustained slip resistance for the life of the floor.





Altro Stronghold 30: one in a million slip risk with grease, oils and fats



Altro Pisces: lowers the risk of slips in shoes AND bare feet



Durable, hygienic and easy to clean walls systems

Every year, over

### one in three

people over 65 suffer a fall that can cause Serious injury

and even death. Age UK 'Stop Falling' report.

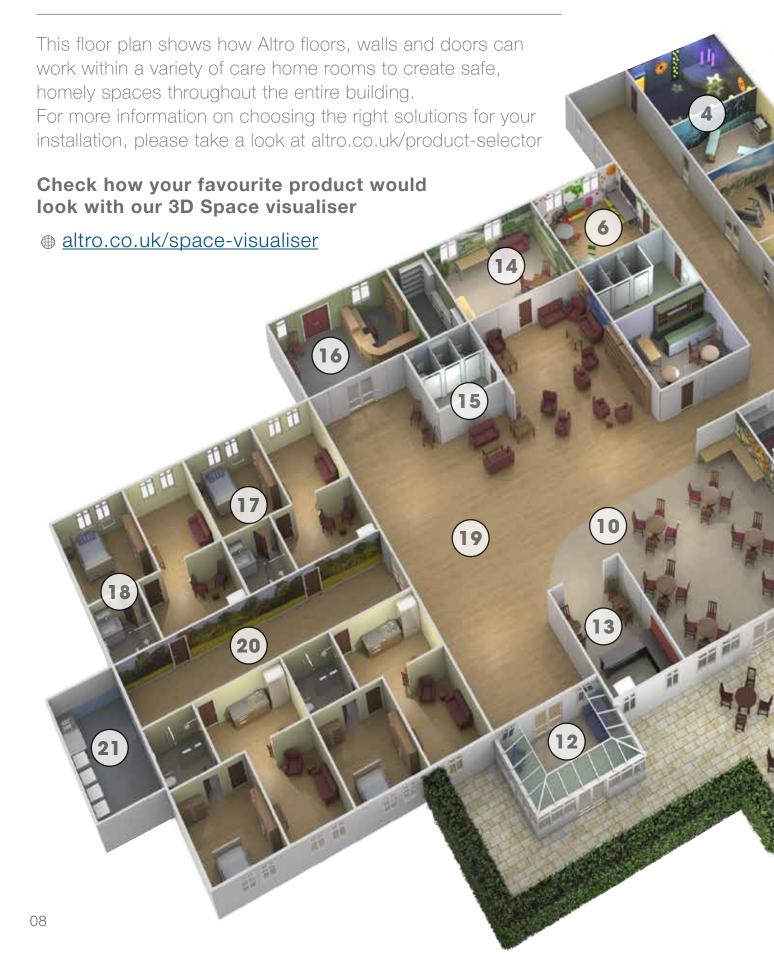


"We chose Altro Wood Safety, Altro
Pisces and Altro Walkway 20 to help
provide a homely appearance with
excellent sustained slip resistance,
durability and ease of maintenance.
The end result is superb and we have
had many wonderful, positive comments
from residents, families and numerous
healthcare professionals."

Paul Willis,

Owner, Willowbrook Care Home

# Bringing care home design to life





1. Administration Altro Wood Safety
Washed Oak LRV 38 Altro Whiterock Satins™
MalvaLRV 68  Altro Whiterock™ hygienic doorset in same colour as wall to discourage entrance
2. Shop
Altro Operetta™ Glee LRV 52 Altro Whiterock Satins
CitronLRV 80
3. Chill room
Altro Wood Safety Comfort Soft Oak
4. Treatment room Altro Whiterock Digiclad to create non-clinical and calming surroundings
5. Service corridor
<b>Altro Reliance™ 25</b> Runway LRV 10
Altro Fortis Titanium™ RivieraLRV 64
6. TEEACH room
Altro Wood Safety Farmhouse Oak LRV 38
Altro Whiterock Digiclad to create non-clinical and calming surroundings
7. Kitchen Altro Whiterock White™ LRV 89
Altro Whiterock White
8. Plant room
Altro Reliance <sup>™</sup> 25 PoolLRV 10
Altro Fortis Titanium Riviera LRV 64
9. Staff room
Altro Cantata™ Wicked LRV 37
Altro Whiterock Satins Seafoam LRV 81
10. Dining area
Altro Suprema OatmealLRV 38
Altro Whiterock Digiclad to create non-clinical and calming surroundings
11. Outdoor area Chosen flooring should match LRV in adjacent indoor area
12. Conservatory Altro Suprema OatmealLRV 38
13. Activity area
Altro Suprema OatmealLRV 38
Altro Whiterock Splashbacks™  Juicy LucyLRV 20

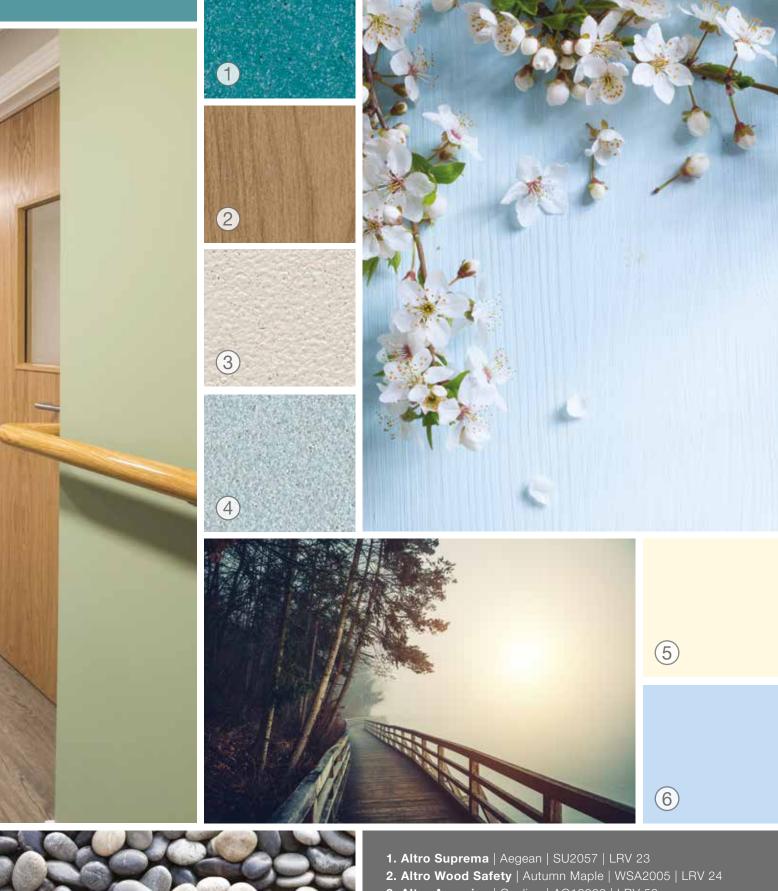
14. Multi-purpose room Altro Serenade™
Cymbal LRV 53  Altro Whiterock Digiclad to create
non-clinical and calming surroundings
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15. WC
Altro Suprema
Fennel LRV 25
Altro Whiterock Satins
Linen LRV 83
17.5
16. Reception Altro Suprema
ChinchillaLRV 19 Altro Whiterock Chameleon™
Eau de Chic LRV 51
17. Bedroom
Altro Wood Safety Comfort
Soft Oak LRV 38  Altro Whiterock Satins
CitronLRV 80
18. Ensuite bathroom
Altro Aquarius™
Vole
Altro Whiterock Satins
Linen LRV 83
19. Community rooms
and living areas
Altro Wood Safety
Farmhouse Oak LRV 38
Altro Whiterock Digiclad and Altro Whiterock Satins to create
pleasant, relaxing surroundings
place in, relating currenting
20. General corridor
Altro Wood Safety
Farmhouse Oak LRV 38
Altro Whiterock Digiclad
Help with way-finding and familiarity
Ol law makes and aliving recome
21. Laundry and sluice room Altro Classic 25
Aster LRV 17
Altro Fortis Titanium
Altio Fortis Illamum

## Calming











- 3. Altro Aquarius | Gosling | AQ12023 | LRV 59
- 4. Altro Aquarius | Deckchair | PX2013 | LRV 50
- 5. Altro Whiterock Satins | Citron | 56 | LRV 80
- 6. Altro Whiterock Satins | Clarity | 207 | LRV 64

#### **Samples**

If colour choice is critical, please request a sample of the material

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altro . E. , Altro, Designed for possibilities. Made for people. Altro Stronghold 30, Altro Whiterock, Altro Whiterock Digiclad, Altro Cantata, Altro Whiterock Satins, Altro Whiterock Splashbacks, Altro Suprema, Altro Orchestra, Altro Fortis Titanium, Altro Reliance 25, Altro Whiterock Chameleon, Altro Classic 25, Altro Pisces, Altro Aquarius, Altro Wood Safety and Altro Wood Safety Comfort are trademarks of Altro Limited.

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